Authentic Women Empowerment

AWE S'MORE Journey: \$1497 Value

Best offer: AWE Early Bird: \$697 a savings of \$800. **Pay in full** receive additional \$100 savings.

Payment plan: Before 12/10: \$197 Deposit, 5 payments of \$100 ea.

Early Bird Savings ends December 10th, 2015 Investment increases to \$1497 after December 10th.

Features:

- **AWE S'OMER Retreat:** 2 day/2 night Leadership Development Retreat in Austin at Camp Texlake April 1-3. Check in Friday evening beginning at 6 p.m. Check out Sunday at 1 p.m. Lodging and meals included.
- 4-month live and local SWAPS (Sharing Wisdom Accepting Positive Support) Group Program at the El
 Camino Girl Scout Program Center <u>Prefer to stay local... See back for the SWAPS Group Program</u>
 Only option details!
- Bonuses:
- * Life By Design 2 hour Workshop: design and live the life you want for 2016: Wednesday, January 6, 2016 from 11am to 1pm at Girl Scout Little House, 304 W. Avenue A, lunch provided.
- * Email access to Becky Benes, Master Leadership Coach

Are you ready for:

A vibrant, safe, trusting and intimate sisterhood of people who celebrate and support you No Matter What!

Fun and Excitement!

New insights and opportunities

A new lease on life

Healthier lifestyle

More confidence, courage and compassion

Emotional and mental freedom

A new adventure away from the status quo

Mastered authentic leadership skills

New friends

Loving support to pull you forward

More joy

Healthier relationships

Focus and clarity

Purpose and passion

Discover your greatest self

Just a few elements you will experience and the results you can expect:

Low Ropes Course

Embody your values

Shift your sabotaging mindsets

Improve your ability to handle different life situations

High Ropes Course

Strengthen mental, physical and emotional muscles

Enhance risk-taking and communication skills

Engage in conflict resolution

Expand your comfort zone

Work through fear

Instill positive personality characteristics

Self-trust and trust in others

Mindfulness Practices

Experience inner peace

Increased focus and clarity

Higher awareness of self, others and environment

And much, much more!

Align your with mind, body, and spirit Access your inner problem solving skills Develop trust and communication skills

Build teamwork
Overcome conflicts
Confidently make decisions
More self-confidence
Become unstoppable
Higher self-esteem

Decreased stress and sense of overwhelm Increased compassion **SWAPS Group Program:** \$250.00: \$50 deposit with 4 payments of \$50 or pay in full for \$200 save \$50.

4-Live SWAPS Events at the El Camino Girl Scout Program Center

January 20th, February 17th, March 9th, April 13th. All events are from 11:30 to 1, lunch is included.

Enhance communication skills
Build supportive relationships
Broaden and expand your comfort zone
Seek higher perspectives
Set and stand in boundaries

4 Buddy Accountability Calls

Accountability to stay on track
Establish outside support to guide you and to celebrate your success
Work with and practice the content so you can achieve mastery

Bonus: Design Your Life VIP 2 hour workshop—January 6th, 11am—1pm at Girl Scout El Camino Program Center: Design a 4 month project with specific outcomes and action steps, lunch provided **Additional Benefits:**

Stay local and create a vibrant, safe, trusting and intimate sisterhood of people who celebrate and support you . . No Matter What!

More joy, fun and confidence!

Brainstorm with amazing women who support you and pull you forward

New lease on life, decreased stress and a Healthier lifestyle

Open to opportunities and potentiality outside your comfort zone

Yes, I want to continue or begin my journey of self-discovery and self-mastery.

Please Choose Your Inves	stment Method: Retreat & SWAPS \$	SWAPS Only: \$
If more than one card is listed, we'll divide the payment among these cards:		
Registrant Name:		
Address:		
Phone #:		
Card 1 AMEX	VISA MASTERCARD DISCOVER	
Name as it appears on the	e card:	
Card Number		Exp. date
Billing Address		
City/State/Zip Code		
Cash	Check #	